A family-centred developmental approach improves outcomes for babies and families in neonatal care. FINE offers high quality training in this approach that is suitable for anyone working in neonatal care.

The programme includes:

- Pre-term and newborn neurodevelopment
- Parent infant relationships and parent’s journey
- Observing and understanding infant behaviour
- Managing stress and pain
- Sensorimotor experience in the neonatal unit
- Baby-led feeding
- Kangaroo care
The Level 1 Foundation Toolkit introduces the scope of family-centred developmental care and the evidence that supports it. This is a two day course with presentations, demonstrations and interactive workshops.

The Level 2 Practical Skills course is spread over 12 weeks and builds on the learning from the Foundation Toolkit. The first half of the course is devoted to behavioural observation and the second half integrates this into the caregiving context. Participants undertake assignments on the neonatal unit and encourage parents and colleagues to participate. They receive support from experienced mentors who review the reflective notes that are an essential part of their learning experience.

For pricing, training dates and more information visit bliss.org.uk/fine or email training@bliss.org.uk